

LEE UNIVERSITY

Encore



**Mini-Course Guide
Spring 2021**

ENCOR 027-01: The Sacraments of the Church

There are many aspects to church life, but one of the most important is that of sacraments. Yet, various church traditions do not agree over how many sacraments there are, what they signify, or even if they should be called "sacraments"! This course will trace out the various ecclesial positions on these issues, noting the historical developments that affect the current situation in today's churches and exploring the theological meanings behind their practice. Come and learn more about your own tradition's beliefs, as well as other denomination's.

Instructor: Dr. Lisa Stephenson, Professor of Systematic Theology
Location: School of Religion, Room 148 / Class Size: 25
Schedule: Four-week course meeting on Thursdays from 9:30-10:30 a.m.
◆ February 4
◆ February 11
◆ February 18
◆ February 25

ENCOR 027-02: Psychology's Four Biggest Ideas

The field of psychology is built on a handful of big ideas. Each, in its time, shaped our modern understanding of the human experience, and created the emerging field of psychology. In this class, we will spend each of four sessions discussing one of these important theorists and their ideas; it will be a view of human behavior through the eyes of Freud, Pavlov, Skinner, and Maslow. These four men and their views of the human experience had a profound impact on the way we have understood our behavior in the 20th and 21st Centuries. For those who remember their introductory college psychology course, this mini-course will be a familiar review; for others, it will be a ground-level introduction to some of modern history's most influential thinkers.

Instructor: Dr. Paul Conn, Chancellor
Location: Science and Math Complex, Walker Lecture Hall / Class Size: 30
Schedule: Five-week course meeting on Tuesdays from 6:30-7:50 p.m.
◆ February 2
◆ February 9
◆ February 16
◆ February 23
◆ March 2

ENCOR 027-03: Graphic Design/Photoshop Basics

This course will teach students the basics of photoshop. Students will learn skills for simple photo editing and graphic design. Students can use the skills gained for personal creativity or for business such as advertising their products and so on

Special Instructions: Students will need an Adobe Photoshop account.

Instructor: Golden Madume, Library Coordinator for Student Success
Location: Communication Arts Building, Room 214 / Class Size: 10
Schedule: Five- week course meeting on Tuesdays and Thursdays from 1:15- 2:40 p.m.

- ◆ March 16
- ◆ March 18
- ◆ March 23
- ◆ March 25
- ◆ March 30
- ◆ April 1
- ◆ April 6
- ◆ April 8
- ◆ April 15

ENCOR 027-04: Microsoft Basics: Word, Excel & PowerPoint

This course will teach students the basics of Microsoft. Students will learn skills to create documents using word, excel and PowerPoint. The benefits of this course apply to both personal use and business settings.

Instructor: Golden Madume, Library Coordinator for Student Success

Location: School of Business, Room 206 / Class Size: 15

Schedule: Five- week course meeting on Tuesdays and Thursdays from 11:45-1:10 p.m.

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| ◆ January 26 | ◆ February 9 | ◆ February 25 |
| ◆ January 28 | ◆ February 11 | ◆ February 27 |
| ◆ February 2 | ◆ February 18 | |
| ◆ February 4 | ◆ February 20 | |

ENCOR 027-05: Joint Conditioning

This course will cover different techniques to help students strengthen and regain movement in their joints. The class will include different stretches and breathing techniques to help with relaxation, flexibility, agility, and strength. Chairs will be used in class, but some of the exercises do require standing.

Required Materials: Students will need to wear the proper attire, such as clothing that one can move easily in, along with comfortable walking shoes.

Instructor: Roxanne Tyson, Part-Time Faculty

Location: Devos Recreation Center / Class Size: 8

Schedule: Ten-week course meeting on Wednesdays from 2:00-2:50 p.m.

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|---------------|------------|------------|
| ◆ February 3 | ◆ March 3 | ◆ April 7 |
| ◆ February 10 | ◆ March 17 | ◆ April 14 |
| ◆ February 17 | ◆ March 24 | |
| ◆ February 24 | ◆ March 31 | |

ENCOR 027-06: Fitness Class

In this class we will build muscle and strength while using weights. We will also stand to help our endurance and mobility while enjoying fun music that helps with our coordination.

Required Materials: Students will need to wear the proper attire, such as clothing that one can move easily in, along with comfortable walking shoes.

Instructor: Roxanne Tyson, Part-Time Faculty

Location: Devos Recreation Center / Class Size: 8

Schedule: Ten- week course meeting on Wednesdays from 1:00 – 1:50 p.m.

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|---------------|------------|------------|
| ◆ February 3 | ◆ March 3 | ◆ April 7 |
| ◆ February 10 | ◆ March 17 | ◆ April 14 |
| ◆ February 17 | ◆ March 24 | |
| ◆ February 24 | ◆ March 31 | |

ENCOR 027-07: Biblical Civilizations

Throughout Scripture, the story of God's People is interwoven with a number of different civilizations. From Creation to the Greco-Roman World, this course will contextualize the biblical events with their contemporary world cultures. By exploring the various societies and cultures in which the Jewish nation interacted, this course will uncover the wider socio-political environment of the Ancient World.

Instructor: Dr. Timothy Lay, Adjunct Instructor of History
Location: Humanities Center, Johnson Lecture Hall / Class Size: 25
Schedule: Five-week course meeting on Tuesdays and Thursdays from 4:00-5:15 p.m.

◆ February 2	◆ February 18	◆ February 27
◆ February 4	◆ February 20	◆ March 2
◆ February 9	◆ February 25	◆ March 4
◆ February 11		

ENCOR 027-08: Europe's Long Nineteenth Century: 1815-1914

A period of profound change, the Long Nineteenth Century marks a pivotal moment in the history of Europe and by extension, the world. With roots in the eighteenth century and transcending into the early years of the twentieth, the long nineteenth century witnessed the coming of age for Europe as it rose to the peak of its power and influence. This course will highlight the social, political, and intellectual manifestations that marked the emergence of Europe into the fullness of the Modern Age

Instructor: Dr. Timothy Lay, Adjunct Instructor of History
Location: Humanities Center, Johnson Lecture Hall / Class Size: 25
Schedule: Five-week course meeting on Tuesdays and Thursdays from 4:00-5:15 p.m.

◆ March 23	◆ April 6	◆ April 15
◆ March 25	◆ April 8	◆ April 20
◆ March 30	◆ April 13	◆ April 22
◆ April 1		

ENCOR 027-09: Is Fake News Real?

How to Tell When Organizations are Skewing the Truth

This course is a non-partisan examination of techniques used by organizations to bend the truth, and perhaps lie, in order to influence the public. Today, with innumerable media outlets publishing content non-stop, and social media multiplying the effect of that content, it can be hard to tell what is being honestly communicated and what is masquerading as genuine news. We will examine real-life case studies that give students an inside look at how news may become distorted through carelessness and by design.

Special Instructions: No textbook is required. The instructor will provide photo-copies of various articles and links to news stories, websites, videos, etc. We will review stories and communication campaigns online during class. The course may involve some minimal assigned reading from readily accessible news media sites and free-access publications; student access to the internet will be useful, but not necessary.

Instructor: John D. Bland, Visiting Lecturer in Public Relations
Location: School of Nursing, Room 200 / Class Size: 30
Schedule: Five-week course meeting on Tuesdays from 2:00-3:15 p.m.

- ◆ February 2
- ◆ February 9
- ◆ February 16
- ◆ February 23
- ◆ March 1

ENCOR 027-10: Reclaiming the Discarded Image: Self and Cosmos from the Middle Ages Today

C.S. Lewis described a living, spiritual, and deeply meaningful image of the cosmos by which pre-modern people understood their place in the created order. But with the advent of the modern world our views of creation and our relation to it have changed. By tracing this cosmological image through medieval writings and how it influenced Lewis' own work, we can rediscover a bit about ourselves and where and how we belong

Special Instructions: A workbook will be provided the first week of class with excerpts from the following works. Students may order full text versions of these texts if desired, but all pertinent readings will be distributed in person.

Suggested Reading: Online excerpts from: C.S. Lewis. *The Discarded Image*. Cambridge University Press: 2012; *Boethius. The Consolation of Philosophy*. Oxford University Press: 2008; *Dante Alighieri. Inferno*: Penguin Classics: 2002; John Milton. *Paradise Lost*; Michael Ward. *Planet Narnia*. Oxford University Press: 2010.

Instructor: J. David Schlosser, Adjunct Professor of Humanities
Location: Humanities Center, Room 108 / Class Size: 25
Schedule: Ten-week course meeting on Wednesdays from 10:00-11:00 a.m.

◆ January 20	◆ February 24
◆ January 27	◆ March 3
◆ February 3	◆ March 17
◆ February 10	◆ March 24
◆ February 17	◆ March 31

ENCOR 027-11: The Book of Judges: An Enduring Biblical Message for a Modern World

This class is a close analysis of the book of Judges in its ancient Near Eastern and biblical context with a close eye to the importance of the ancient message for a modern world. Indeed, perhaps no other book of the Old Testament has more to say about the issues facing Western cultures today than does the book of Judges.

<i>Instructor:</i>	Dr. Brian Peterson, Associate Professor of Old Testament	
<i>Location:</i>	Science & Math Complex, Room 100 / Class Size: 25	
<i>Schedule:</i>	Six-week course meeting on Thursdays from 2:45-3:45 p.m. .	
	◆ January 14	◆ February 4
	◆ January 21	◆ February 11
	◆ January 28	◆ February 18

ENCOR 027-12: Hello Darlin': This is the New South

This five-week course will be a contemporary look at the region of the United States that is referred to as "The South." During the period we will look at several aspects of the region: the people, the economy, politics, culture (including language, food, literature, music, etc.), religion, and health. COVID permitting, a 6th class period will occur (date TBD) where a traditional southern meal will be served. Yankees and other intruders to the South are welcome.

<i>Instructor:</i>	Dr. Karen Mundy-Judkins and Dr. Bennett M. Judkins	
<i>Location:</i>	Humanities Center, Room 111 / Class Size: 20	
<i>Schedule:</i>	Five-week course meeting on Mondays from 4:15-5:30 p.m.	
	◆ February 1	
	◆ February 8	
	◆ February 15	
	◆ February 22	
	◆ March 1	

ENCOR 027-13: The Story of Covid-19: Act II

This is ACT II of the Covid-19 pandemic. The central question is: "Are we safe yet?" We provide the newest information on the science of Covid-19. We include a primer on "best medical practices" for the consumer. The class considers initiatives to reduce zoonotic illnesses and the "self-correcting" nature of science. There is a section on controversies of Covid-19, including the Barrington Report and its challenge to Dr. Fauci, and the differing responses of states and nations. We discuss the fads and foibles and the politics of the epidemic. Finally, we pose the question, "have we become the masked society?" What is the new reality of institutions dealing with contagious diseases?

<i>Instructor:</i>	Dr. Karen Mundy-Judkins and Dr. Bennett M. Judkins	
<i>Location:</i>	Humanities Center, Room 111 / Class Size: 20	
<i>Schedule:</i>	Five-week course meeting on Mondays from 4:15-5:30 p.m.	
	◆ March 15	
	◆ March 22	
	◆ March 29	
	◆ April 5	
	◆ April 12	

ENCOR 027-14: Who is Driving This Thing? The Neuroscience of How We Map Our Brains, One Decision at a Time

A practical look at the way we choose to behave and make decisions. We all use our brains every day to make thousands of microscopic decisions, and hundreds of big ones. In these moments, your brain analyzes biases, learning, experiences, and other data to help you make the best choice possible. However, often our brains betray us, and we don't even know it. Explore how we were designed to live, work, and communicate with others.

Instructor: Dr. Ross Ian Vance, WEMT
Location: Humanities Center, Room 101 / Class Size: 20
Schedule: Five-week course meeting on Mondays from 5:45-7:00 p.m.
◆ February 1
◆ February 8
◆ February 15
◆ February 22
◆ March 1

ENCOR 027-15: Responding to an Emergency: First Aid, Search and Rescue

No matter how prepared or safe we think we are; emergencies happen anywhere and at any time. The difference between a good or bad outcome could literally be a few moments. Learn about how to respond to different emergencies, negotiating difficult situations, life-saving medical interventions, and search and rescue techniques. You will receive First Aid and CPR certification through the course. The most fun you will have becoming prepared to respond to life's worst.

Instructor: Dr. Ross Ian Vance, WEMT
Location: Education Building, Room 106 / Class Size: 10
Schedule: Five-week course meeting on Mondays from 5:45-7:00 p.m.
◆ February 4
◆ February 11
◆ February 18
◆ February 25
◆ March 4

ENCOR 027-16: All You Need is Love

Music is the language of love. Join Bob Bernhardt for a look at musical expressions of love from the classics to the contemporary.

Instructor: Maestro Bob Bernhardt, Lee University Artist- in- Residence
Location: Online Only / Class Size: No Capacity
Schedule: Five-week course meeting time TBD

ENCOR 027-17: Oil Painting Beginner to Intermediate Level

Those who identify as beginners will receive beginner instruction in color mixing, painting techniques, and drawing. Participants of the Fall ENCORE painting class or those who self-identify as intermediate level painters will receive separate instruction in composition and methods of transfer to canvas from photos or drawings..

Instructor: Gary McDonald, Retired Art Instructor
Location: Mayfield Annex, Room 124 / Class Size: 15
Schedule: Six-week course meeting on Mondays & Wednesdays from 6:00 p.m. – 8:00 p.m

◆ February 15	◆ March 1	◆ March 22
◆ February 17	◆ March 3	◆ March 24
◆ February 22	◆ March 15	◆ March 29
◆ February 24	◆ March 17	◆ March 31

ENCOR 027-18: Grief and Loss

This course exposes students to knowledge and skills of counseling psychology with current research and theory in grief and bereavement. Grief therapy is a unique form of counseling and views bereavement as a normal response to life crisis. Students are taught the active steps in grieving that help people through their individual process of recovery.

Instructor: Lena Barber, MS, Counselor
Location: TBD/ Class Size: 15
Schedule: Six-week course meeting on Thursdays from 2:00-4:00 p.m.
◆ Dates TBD