

# Pathway for Exercise Science

TBR COMMUNITY COLLEGE		LEE UNIVERSITY	
General Education Requirements		General Education Requirements	
<b>Communication</b>		<b>Communication</b>	
ENGL 1010 - Composition I	3	ENGL 106 - College Writing	3
ENGL 1020 - Composition II	3	ENGL 110 - Rhetoric & Research	3
SPCH 1010 - Fundamentals of Speech Comm. or other approved speech/communication course	3	COMM 211 - Public Speaking (General Elective)	3
<b>Humanities and/or Fine Arts (at least one course in literature)</b>		<b>Humanities and/or Fine Arts (at least one course in literature)</b>	
Course 1	3	Humanities/Fine Arts 1	3
Course 2	3	Humanities/Fine Arts 1	3
Course 3	3	Humanities/Fine Arts 1	3
<b>Social/Behavioral Sciences</b>		<b>Social/Behavioral Sciences</b>	
PSYC 1030 - General Psychology	3	PSYC 200 - Understanding Human Behavior	3
Approved Course in Health and Wellness	3	HSCI Major Requirement / General Elective	3
<b>History</b>		<b>History</b>	
HIST 2020 - US History II	3	HIST 212 - Recent American History	3
Course 2	3	History/Humanities	3
<b>Natural Sciences</b>		<b>Natural Sciences</b>	
BIOL 2010 - Human Anatomy & Physiology I	4	HSCI 292 - Human Anatomy & Physiology I	4
BIOL 2020 - Human Anatomy & Physiology II	4	HSCI 293 - Human Anatomy & Physiology II	4
<b>Mathematics</b>		<b>Mathematics</b>	
Course 1	3	MATH 111 - College Algebra*	3
		<i>*Must take College Algebra or higher for this program. (see general elective comment below)</i>	
<b>Area of Emphasis Requirements</b>		<b>Area of Emphasis Requirements</b>	
Introduction to Exercise	3	HSCI 330 - Fitness, Wellness, Lifestyle Mgmt	3
Nutrition	3	HSCI 291 - Principles of Nutrition	3
First Aid and Safety	3	HSCI 353 - Safety & First Aid	3
Prevention and Care of Athletic Injuries	3	PHED 201 - Foundations of Health/PE/ExSci	3
Physical Education Activity Courses (two)	2	PHED 115 - Basic Concepts of Fitness (two)	2
General Electives	5	General Electives	5
<b>A.S. Degree Total</b>	<b>60</b>	<b>Total Transfer Credits</b>	<b>60</b>
<b>Lee Requirements</b>			
<b>Developing Biblical Faith/Lifestyle</b>		<b>Specialty Area</b>	
BIBL 110/111 - Message of the Old/New Testament	6	CHEM 110, CHEM 113 <i>and</i> CHEM 119	8
THEO 230 - Introduction to Theology	3	<b>OR</b>	
THEO 231 - Introduction to Christian Ethics	3	CHEM 111 <i>and</i> CHEM 112	8
Christian Service (40 clock hours)**		HSCI 331 - Cardiovascular Health	3
<small>**Christian Service is not a course; the hours are earned by a combination of class, group, and individual service learning experiences.</small>		HSCI 344 - Exercise Physiology I	3
		PHED 350 - Psychology of Sport	3
<b>Lee University Freshman Experience</b>		HSCI 361 - Kinesiology	3
LEEU 102A - Global Perspectives Seminar	1	HLTH 391 - Nutrition for Health and Performance	3
LEEU 102B - Foundations of Benevolence	1	PHED 440 - Motor Learning and Development	3
		PHED 441 - Assessment/Eval Health/PE/ExSci.	3
<b>Seeking a Global Perspective</b>		HSCI 444 - Exercise Physiology II	3
GNST 250/253 - Cross Cultural Experience	1	HSCI 450 - Exercise Testing and Prescription	3
		<b>Collateral Requirements</b>	
		PHED 445 - Seminar Health/PE/ExSci Research	1
		PHED 495 - Faith and Practice	3
		HSCI 470 - Internship in Exercise Science	3
		<b>General Electives</b>	
			3
		<i>*If student has to take College Algebra at Lee, general electives will be reduced to 0. (see above)</i>	
		<b>Academic Assessment</b>	
		GNST 400 - Academic Assessment	0
		<b>Total Lee Credits</b>	<b>60</b>
		<b>Total Cumulative Credits</b>	<b>120</b>